

# **National Food and Nutrition Policy of the Unified Health System (SUS): Coordination and Cooperation for Food and Nutrition Security**

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CGAN/DEPPROS/SAPS



# Institutional Organogram



# 25 years of the Unified Health System's commitment to improving the health and nutrition of the Brazilian population



de **compromisso do SUS** com a melhoria das condições de alimentação, nutrição e saúde da população brasileira.



# CONTRIBUTIONS OF THE UNIFIED HEALTH SYSTEM TO FOOD AND NUTRITION SECURITY



Unified Health System



SISTEMA NACIONAL DE  
SEGURANÇA ALIMENTAR E NUTRICIONAL

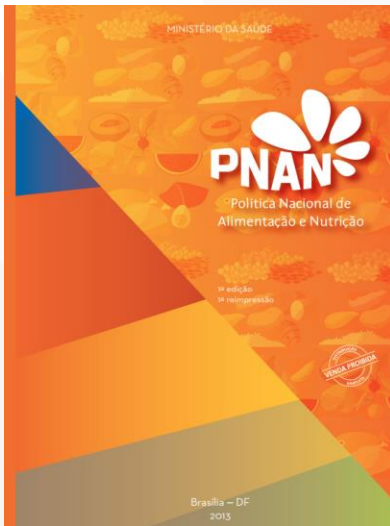
National Food and  
Nutrition Security  
System



Política Nacional de  
Alimentação e Nutrição

National Food and Nutrition Policy

# THE PURPOSE OF THE PNAN



Improvement of food, nutrition, and health conditions of the Brazilian population through the promotion of adequate and healthy eating practices, food and nutrition surveillance, and the prevention and comprehensive care of food- and nutrition-related health issues.



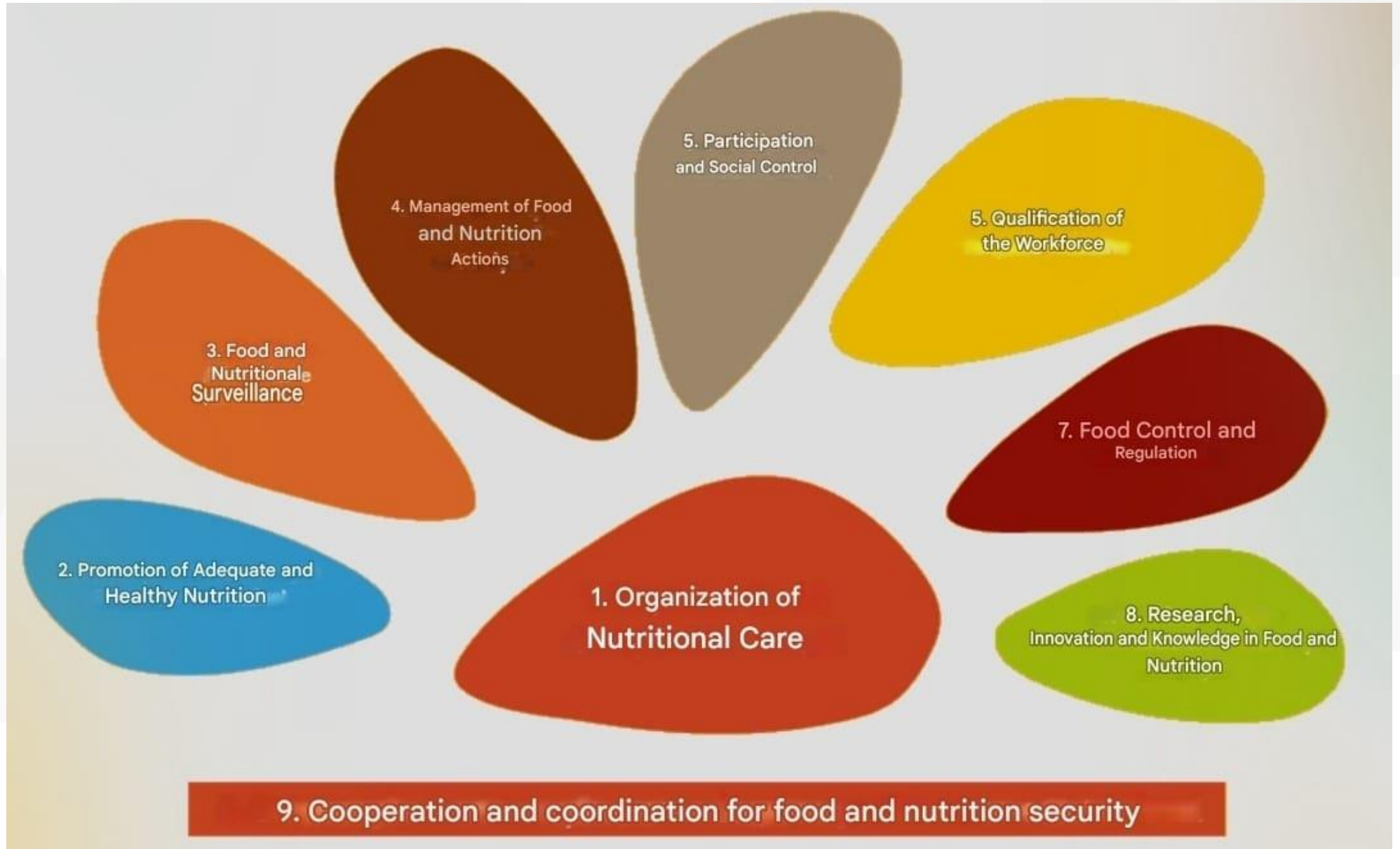


## PRINCIPLES: VALUES THAT SUPPORT THE PNAN

- I. Food as an element of humanization in health practices;
- II. Respect for diversity and food culture;
- III. Strengthening the autonomy of individuals;
- IV. The social determinants and the interdisciplinary and intersectoral nature of food and nutrition;
- V. Food and nutrition security with sovereignty;



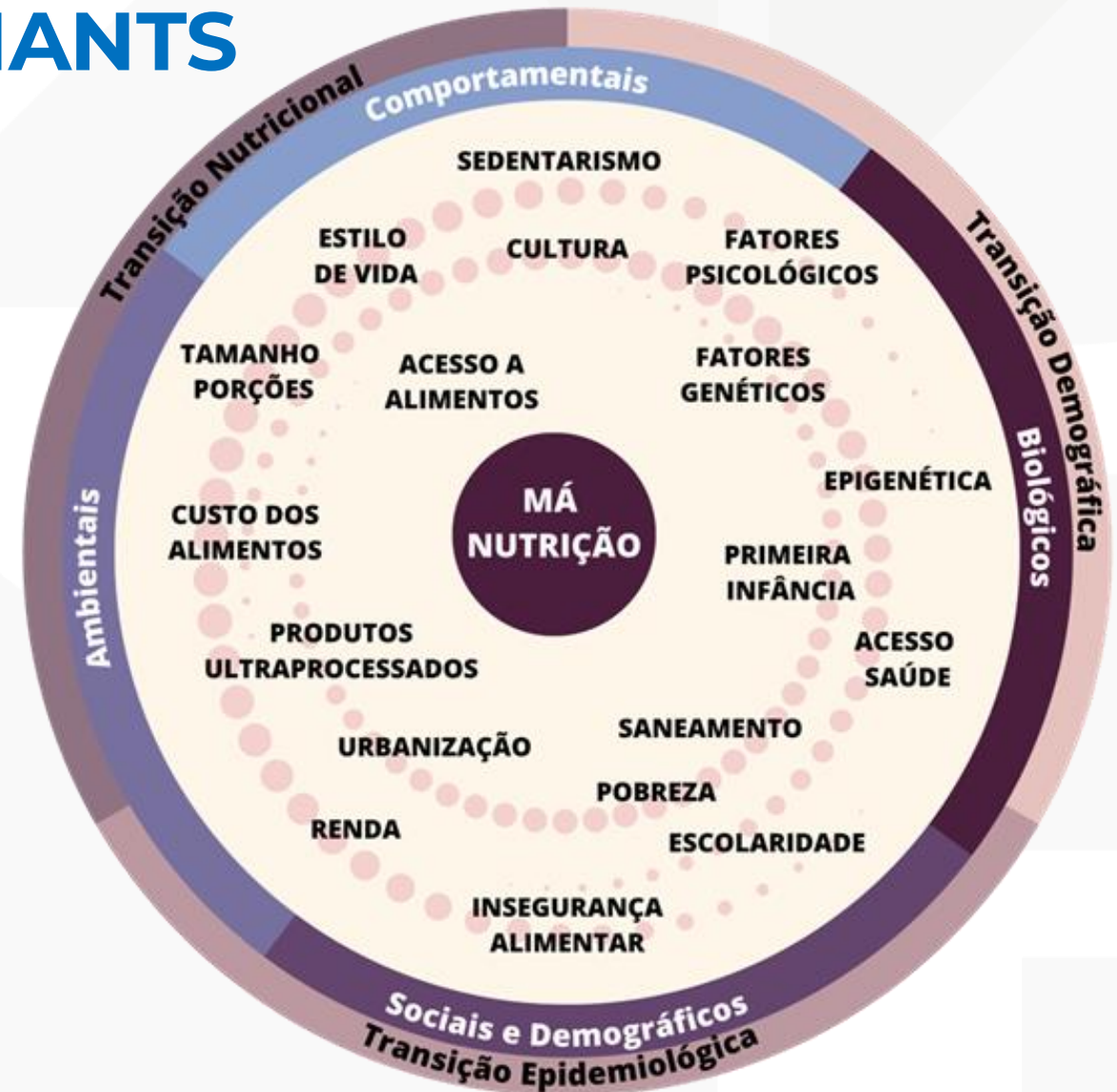
# GUIDELINES: PATHWAYS FOR ACTION



# SYNERGISTIC DETERMINANTS OF MALNUTRITION

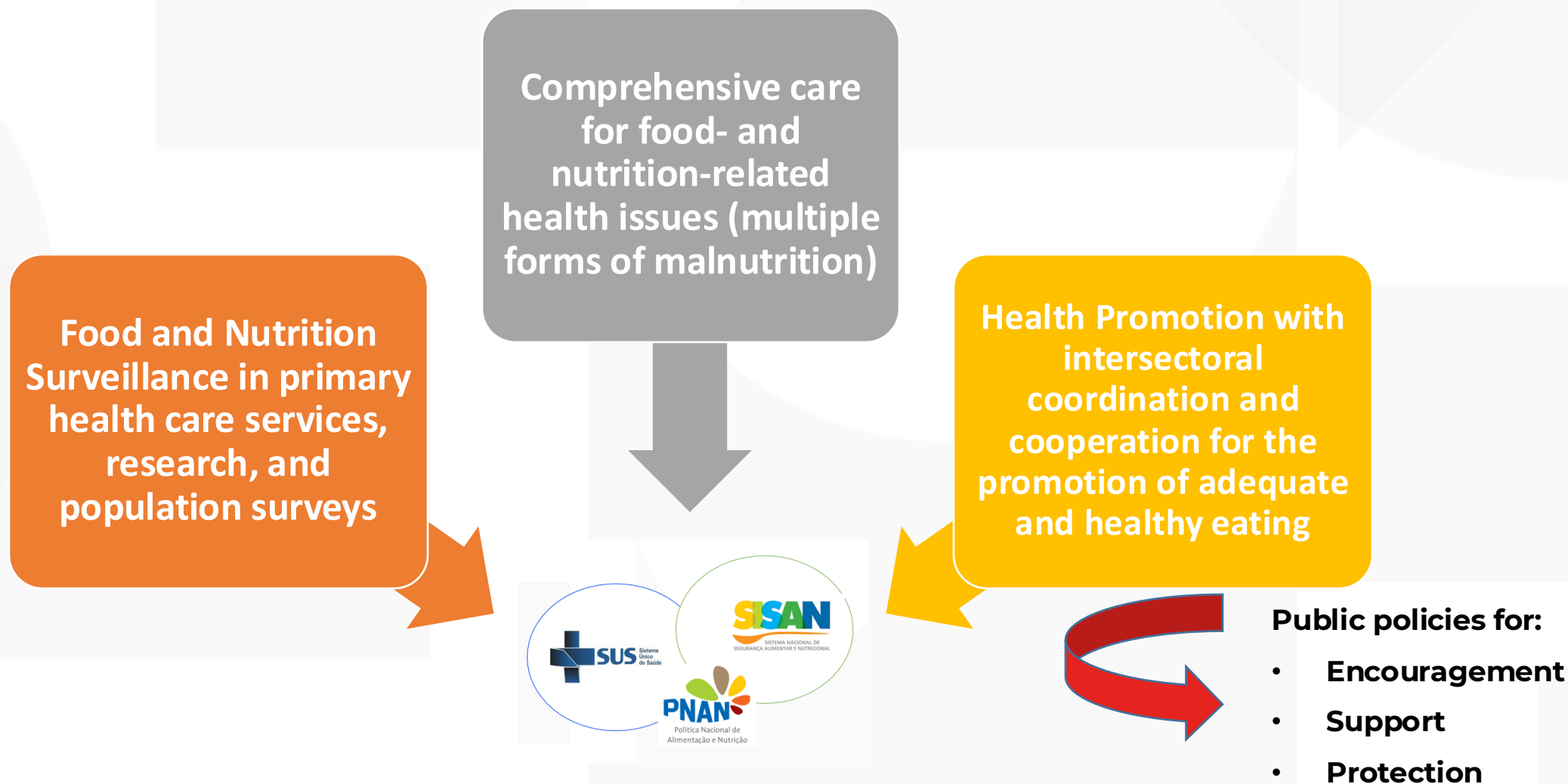
Synergistic determinants are factors that simultaneously promote the emergence of all forms of malnutrition:

- Social and demographic
- Environmental
- Biological
- Behavioral





# AXES OF ACTION FOR THE IMPLEMENTATION OF THE PNAN

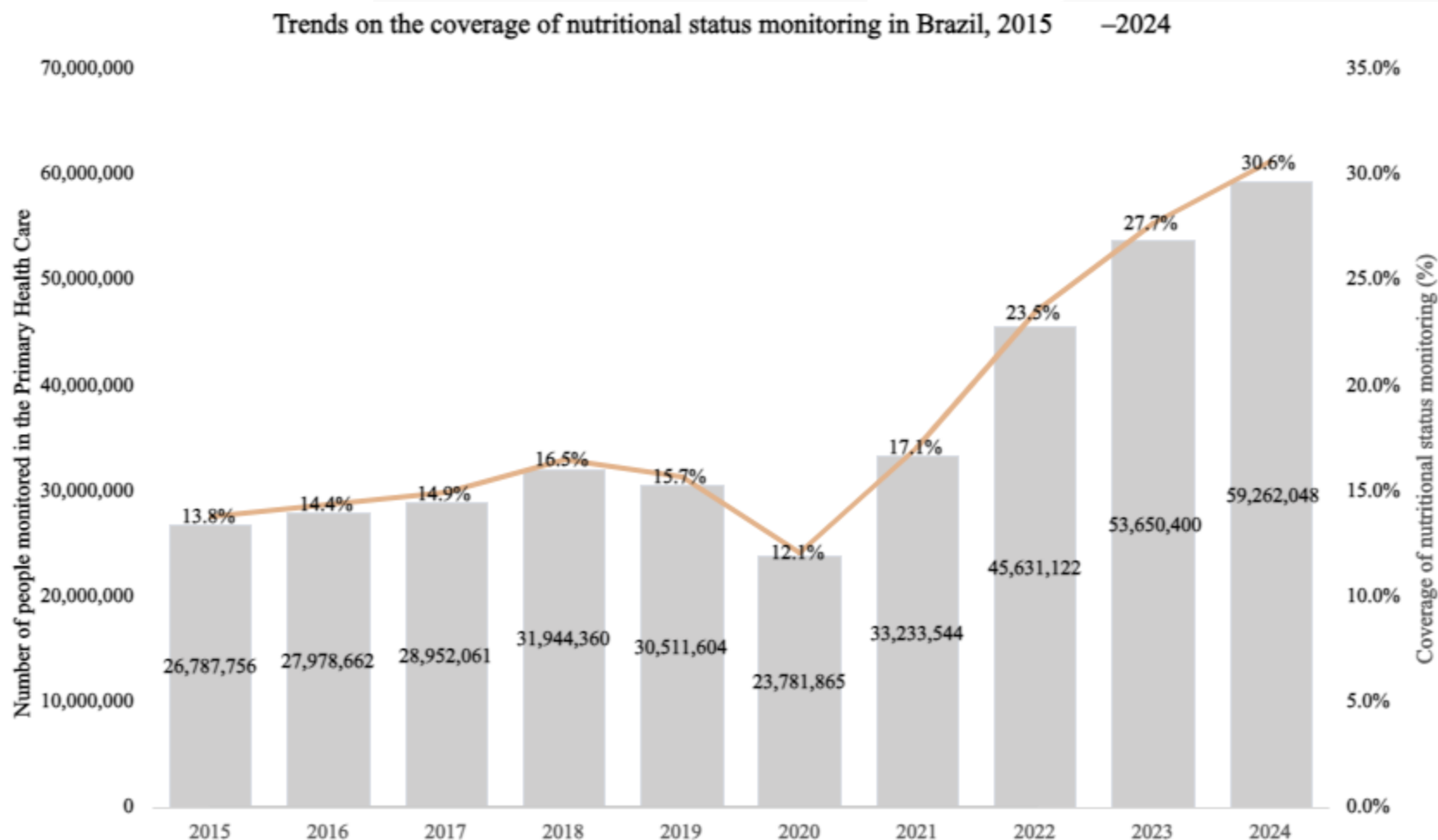


➤ **THE IMPLEMENTATION OF THE PNAN  
IS A SHARED (TRIPARTITE)  
RESPONSIBILITY (FEDERAL  
GOVERNMENT, STATES, FEDERAL  
DISTRICT, AND MUNICIPALITIES)**

➤ **MINISTRY OF HEALTH: TECHNICAL-  
SCIENTIFIC PRODUCTION; TECHNICAL-  
INSTITUTIONAL AND FINANCIAL  
SUPPORT FOR THE IMPLEMENTATION  
OF THE PNAN IN THE STATES, FEDERAL  
DISTRICT, AND MUNICIPALITIES**



# Monitoring of the nutritional status of individuals served in primary health care – 2015 to 2024



## Coverage of Nutritional Status Monitoring:

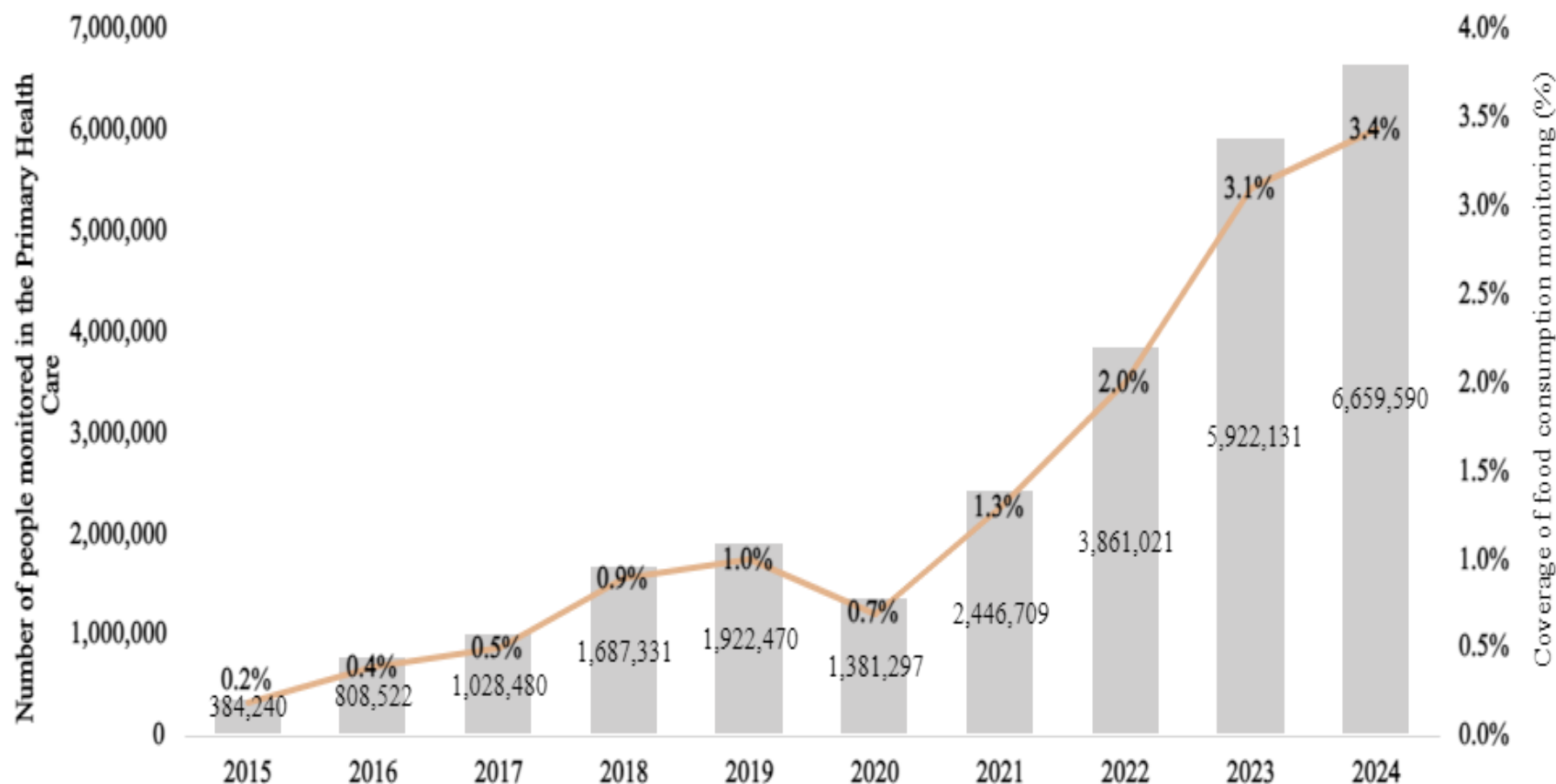
In 2024, 59,2 million people had their weight and height measured in Primary Health Care.

# Monitoring of dietary intake markers of individuals seen in primary health care – 2015 to 2024

SAÚDE e SUS  
ATENÇÃO BÁSICA



Trends on the coverage of food consumption monitoring in Brazil, 2015 –2024



## Coverage of Food Consumption Monitoring

In 2024, **6,6 million** people had their food consumption markers assessed in Primary Health Care.



# NATIONAL STUDY OF CHILDREN'S FOOD AND NUTRITION - ENANI



**ENANI**  
ESTUDO NACIONAL DE  
ALIMENTAÇÃO E NUTRIÇÃO INFANTIL



## 2019 Edition

Data were collected from February 2019 to March 2020, when the study was interrupted due to the COVID-19 pandemic. A total of 14,558 children from 123 municipalities across the 26 states and the Federal District were studied.

## Public Reports

<https://enani.estudiomassa.com.br/relatorios/>

# NATIONAL STUDY OF CHILDREN'S FOOD AND NUTRITION - ENANI



Data collection in progress:  
15,000 households in 124  
municipalities across the 5  
regions of the country.  
Expansion to include  
children up to 6 years old.



Instagram  
ENANI | O #ENANI202...



Instagram  
O #ENANI2024 está no...



Instagram  
ENANI | O #ENANI202...



Facebook  
Sorocaba participa de



Instagram  
ENANI | O #ENANI202...



Instagram  
Atenção. #NovaMar...



# **DIMENSIONS OF THE PROMOTION OF ADEQUATE AND HEALTHY EATING PRACTICES**



## **Encouragement**

**Actions that disseminate information and enable educational practices that encourage the adoption of adequate and healthy eating habits.**

## **Support**

**Actions that make adherence to adequate and healthy eating practices more feasible.**

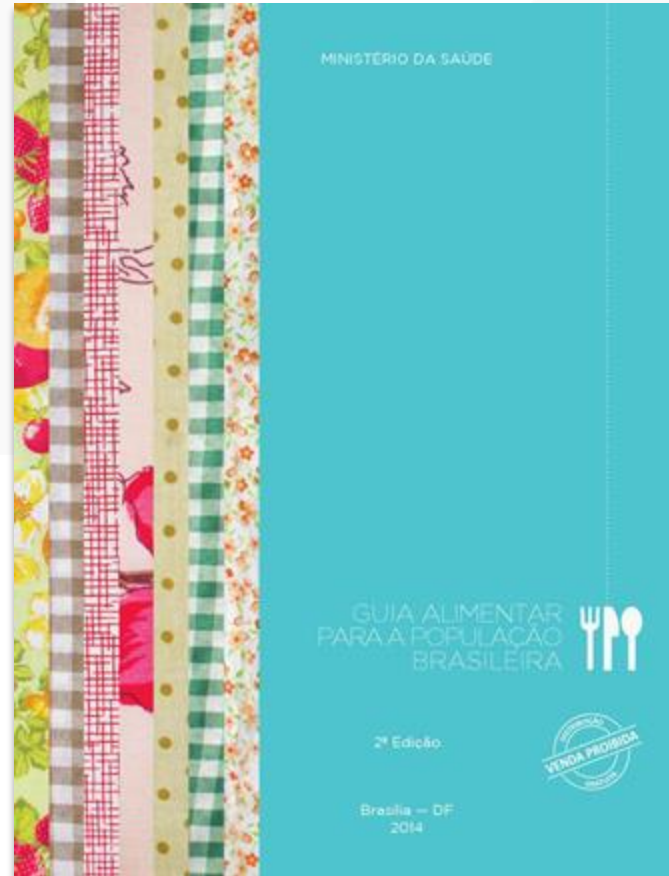
## **Protection**

**These are actions that prevent individuals and communities from being exposed to factors and situations that encourage unhealthy eating practices.**

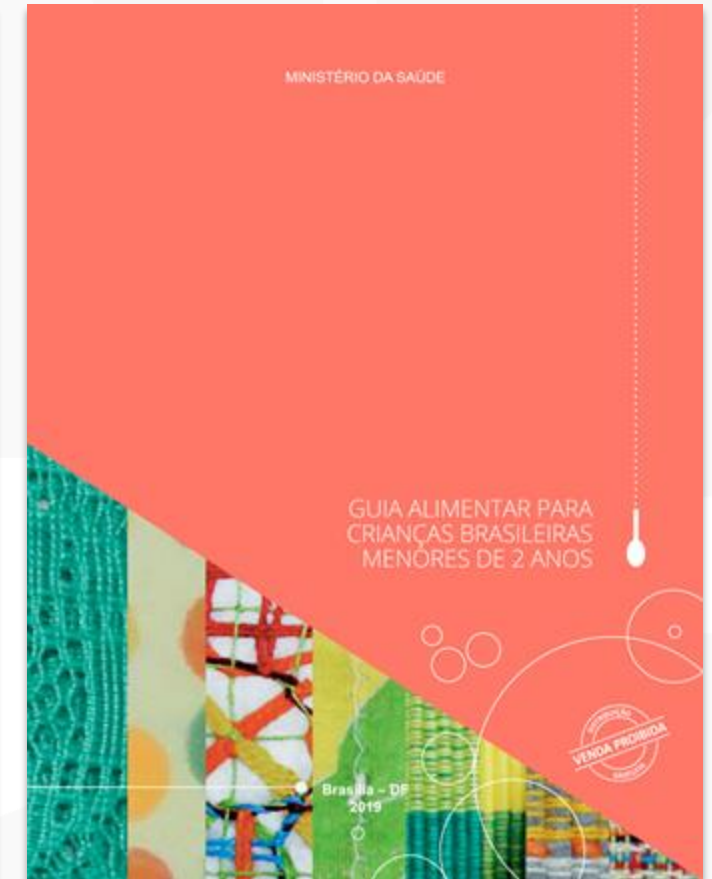


# Dietary Guidelines for the Brazilian Population

The Dietary Guidelines are official documents that address the principles and recommendations for adequate and healthy eating for the Brazilian population, based on the rights to health and to adequate and healthy food.



Dietary Guidelines for the Brazilian Population



Dietary Guidelines for Brazilian Children Under Two Years Old



# National Micronutrient Supplementation Programs



**Strategies for the prevention and control of specific nutritional deficiencies: iron-deficiency anemia and vitamin A deficiency.**

# Food insecurity risk screening (TRIA)



Tool for building **coordination between SUS – SUAS – SISAN** at the **local and national levels**

DECREE No. 11,679, OF  
AUGUST 31, 2023

| Estratégias   | Ações   | Metas   | Órgão responsável |
|---|---|---|-------------------|
| Promover a integração e a articulação dos sistemas e equipamentos em âmbito territorial para efetivar a complementariedade entre SUS, SUAS e SISAN no atendimento às demandas da população em insegurança alimentar e nutricional | 1. Diretrizes para um Protocolo Brasil Sem Fome | <p>Protocolo orientador da integração em nível local entre as unidades do SUS, SUAS e SISAN, para identificação, atendimento e encaminhamento das situações de INSAN, pactuado e deliberado nas instâncias do SUS, SUAS e SISAN e publicado em 2024</p> <p>Triagem para o Risco de Insegurança Alimentar (TRIA) implementada na Atenção Primária à Saúde do SUS</p> <p>Profissionais da rede SUS, SUAS, SISAN capacitados para organização da oferta de ações integradas em nível local até o final de 2024</p> | MS, MDS           |



# Food insecurity risk screening (TRIA)



Interministerial Ordinance MDS/MS No. 25, of September 1, 2023. It establishes guidelines for the prioritization and organization of care for individuals and families experiencing food and nutrition insecurity within the scope of social assistance, health, and food and nutrition security.

November/2023

TRIA integrated into the Citizen's Electronic Health Record (PEC) of the e-SUS APS strategy (version 5.2.18)

|   |                            |   |                |           |
|---|----------------------------|---|----------------|-----------|
| <b>SAÚDE</b> eSUS<br>ATENÇÃO PRIMÁRIA   | <b>CADASTRO INDIVIDUAL</b> |   | DIGITADO POR:  | DATA: / / |
|   |                            |   | CONFERIDO POR: | FOLHA Nº: |
| CNS DO PROFISSIONAL*  | CBO*                       | CNES*   | INE*           | DATA* / / |
| INFORMAÇÕES SOCIOECONÔMICAS - TRIAGEM PARA RISCO DE INSEGURANÇA ALIMENTAR (TRIA)                        |                            |   |                |           |
| NOS ÚLTIMOS TRÊS MESES, OS ALIMENTOS ACABARAM ANTES QUE VOCÊ TIVESSE DINHEIRO PARA COMPRAR MAIS COMIDA? |                            | NOS ÚLTIMOS TRÊS MESES, VOCÊ COMEU APENAS ALGUNS ALIMENTOS QUE AINDA TINHA, PORQUE O DINHEIRO ACABOU? |                |           |
| <input type="radio"/> Sim <input type="radio"/> Não   |                            | <input type="radio"/> Sim <input type="radio"/> Não   |                |           |

TRIA questions made available in the Simplified Data Collection (CDS) in the Individual Registration Form (FCI) under the Socioeconomic Information section and in the e-SUS Territory App.



# THANK YOU!

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MINISTÉRIO DA  
SAÚDE

