REACH Policy Overview Nepal

Kathmandu, 15 August 2014





Landscape of related policy, strategy & operational frameworks

Nutrition-related documents classified by framework type: policy, strategy and/or operational





A basic mapping of policy, strategy and operational frameworks

REACH Policy Overview

National policies and strategies related to nutrition (1/3)

		Document	Date	Responsible	Partners
All Sectors	G C	Nepal MDG Progress Report	2013	National Planning Commission	UN Country Team
AII Se	In the second seco	Poverty Reduction Strategy Paper (PRSP)	2002-2007	National Planning Commission	IMF, World Bank
		National Strategy on Maternal Undernutrition	2013- 2017	Ministry of Health & Population	
Health		Infant and Young Child Feeding Strategy	2013 (draft)	Ministry of Health & Pop, Ministry of Ed, Ministry of Urban Dev, Ministry of Ag,	
Ť	Received Wit (2005) Concept 1213 2005	National HIV/AIDS Strategy	2011-2016	Ministry of Health & Population	
		Health Sector Gender Equality and Social Inclusion Strategy	2009	Ministry of Health & Population	RTI International



National policies and strategies related to nutrition (2/3)

		Document	Date	Responsible	Partners
	National Health Recent / Height of Negal Negal Internet / Negal (NEIC)	National Health Research Policy of Nepal	2011	Nepal Health Research Council	WHO
Health		National Nutrition Policy and Strategy	2004	Ministry of Health & Population	
	UNITIAL STATES AND	National Health Policy	1991	Ministry of Health & Population	
Sanitation		Urban Water Supply and Sanitation Policy	2009	Ministry of Physical Planning & Works	
Water & Sa		Rural Water Supply and Sanitation National Policy	2004	Ministry of Physical Planning & Works	

National policies and strategies related to nutrition (3/3)

	Document	Date	Responsible	Partners
	Agriculture Development Strategy (ADS)	2013 (draft)	Ministry of Agricultural Development	ADB, IFAD, EU, FAO, SDC, JICA, USAID, DANIDA, WFP, World Bank, DfID, AusAID, & UN Women
	NARC's Strategic Vision for Agriculture Research	2011-2030	Nepal Agricultural Research Council	
Food & Agriculture	Agriculture Biodiversity Policy	2007	Ministry of Agricultural Development	
Les cardinal The The The The The The The The The The	National Agriculture Policy	2004	Ministry of Agricultural Development	
	Nepal Biodiversity Strategy	2002	Ministry of Forests and Soil Conservation	Global Environment Facility, UNDP



National operational frameworks related to nutrition

	Document	Date	Responsible	Partners
	Multi-Sectoral Nutrition Plan (MSNP)	2013- 2017	National Planning Commission	
Agriculture	Food and Nutrition Security Plan of Action (FNSP)	2013- 2022 (draft)	Ministry of Agricultural Development	FAO, GAFSP, IFAD, SDC, UNICEF, USAID, & WFP
	Institutional School Directives	2012	Ministry of Education	
	Child Friendly School National Framework	2010	Ministry of Education	Save the Children, UNICEF, & World Education Nepal
Santation	Sanitation and Hygiene Master Plan	2011	Ministry of Physical Planning and Works (Steering Committee for National Sanitation Action)	

National legislation/regulation related to nutrition

	Document	Date	Responsible
	Legislation on mandatory flour fortification	2011	Parliament
	Salt Iodization Act	1998	Parliament
ur un	The Breast Milk Substitute Act and Regulation	1991	Parliament
	Maternity/Paternity Leave Regulation	1991	Parliament

Decrees, Executive Orders are also issued as needed on nutrition-related issues

Applying the nutrition lens to the policy & strategy frameworks



Two streams of standardised criteria established to ascertain the extent to which nutrition is covered by policy and strategy frameworks



Subtotal scores of two streams summed into a total rating that is used to assign Harvey balls in order to estimate nutrition 'coverage' of policies/strategies



TR = Total Rating



For frameworks with a specific nutrition focus two additional streams of standardised criteria introduced, where streams 3 and 4 explore other aspects of policies/strategies that are considered critical to fostering nutrition gains

A multi-s	ector approach is mentioned with clear roles & responsibilities	Coding	Example	\$ Subtotal
Stream	The policy/strategy clearly describes the need for a multisectoral approach to nutrition or outlines the multi-sector coordination mechanism	Yes (12.5%) / No (0%)	Yes (12.5%)	25%
3	The policy/strategy delineates the roles and responsibilities of the respective stakeholders	Yes (12.5%) / No (0%)	Yes (12.5%)	
Governm	nent commitment is demonstrated			
Stream	The policy/strategy expresses strong government commitment for nutrition as a priority for development	Yes (12.5%) / No (0%)	Yes (12.5%)	25%
4	The policy/strategy describes how to provide appropriate funding for nutrition and the multisectoral approach	Yes (12.5%) / No (0%)	Yes (12.5%)	2070

Total rating of 4 streams estimates the extent to which-policies/strategies with a specific nutrition focus are 'nutrition-smart'



TR = Total Rating

Development policies and strategies cover nutrition to varying extents; the average score of the 16 documents was almost 50% (1/3)

	Document	Date	Next revision	Responsible institution	Partners	Nutrition	Remarks
	Nepal MDG Progress Report	2013	TBD	National Planning Commission	UN Country Team		 The nutritional status of children has improved, but a focused effort is required to meet the 2015 target for stunting (30%) Though a multi-sectoral approach to malnutrition has been initiated, the implementation is slower than expected
Hertific B.B. Mercular Sector Sector Mercular Mercul	Poverty Reduction Strategy Paper (PRSP)	2002-2007	TBD	National Planning Commission	IMF, World Bank		 Experience demonstrates that improvements in health & nutritional status contribute to higher economic & per-capita income growth
	National Strategy on Maternal Undernutrition	2013-2017	TBD	Ministry of Health & Population			 Low BMIs among adolescent girls (25.8%) are worse compared to women of reproductive age (18.2%) The majority of women in Nepal have anaemia & other micronutrient deficiencies
	Infant & Young Child Feeding (IYCF) Strategy	2013 (draft)	TBD	Ministry of Health & Pop, Ministry of Education	UNICEF		 Community based IYCF programmes seek linkages with other sectors & scale up with Multi-sector Nutrition Plan Coordinated efforts for IYCF & early childhood development aim to strengthen linkages with Ministry of Education
Kreen Konstanting	National HIV/AIDS Strategy	2011-2016	2017	Ministry of Health & Population		•	 Key actions: nutritional assessment & nutritional support to children, pregnant & lactating women & adults living with HIV A proposed role for the Central Child Welfare Board is to develop nutritional guidelines for children infected & affected by HIV/AIDS

The Ministry of Health & Population is currently developing a new National Strategy to Reach Marginalised Populations

Maternal & child nutrition receives significant attention

) Maternal & child nutrition receives is not addressed at all

Draft—for discussion only

Development policies and strategies cover nutrition to varying extents; the current National Nutrition Policy & Strategy is among the most comprehensive and may be updated (2/3)

	Document	Date	Next revision	Responsible institution	Partners	Nutrition	Remarks
	Health Sector Gender Equality & Social Inclusion Strategy	2009	TBD	Ministry of Health & Population	RTI International		 The definition of gender discrimination states that there is a situational denial of women's right to adequate nutrition The strategy aims to increase awareness of health rights, including programmes on equal treatment of male & female children in regards to nutrition & health care.
	National Health Research Policy of Nepal	2011	TBD	National Health Research Council	WHO		 Promotion of multi-disciplinary research on cross-cutting issues, such as nutrition Generating evidence from research that can be used to strengthen efficiency & effectiveness of the health system & health services
	National Nutrition Policy & Strategy	2004	TBD	Ministry of Health & Population			 Nutrition support is recommended as a priority element of essential health care services Nutrition policy is based on the principle that it is a precondition for development & must be central to plans
Determine the second se	National Health Policy	1991	2014	Ministry of Health & Population			 No nutrition objectives and/or indicators included Health objectives do not acknowledge nutrition linkages Nutrition is listed as a Basic Primary Health Service that should be provided by the Sub-Health Posts
	Urban Water Supply & Sanitation Policy	2009	TBD	Ministry of Physical Planning & Works			 Nutrition is not directly referenced in the Policy Water, Sanitation & Hygiene objectives do not acknowledge nutrition linkages
	Rural Water Supply & Sanitation National Policy	2004	TBD	Ministry of Physical Planning & Works			 Nutrition is not directly referenced in the Policy Water, Sanitation & Hygiene objectives do not acknowledge nutrition linkages Health education & sanitation activities are included in the policy, which are nutrition related actions

The National Health Policy is further integrating nutrition as part of the current review

Maternal & child nutrition receives significant attention

) Maternal & child nutrition receives is not addressed at all

Draft—for discussion only

Development policies and strategies cover nutrition to varying extents; while the draft ADS significantly covers nutrition, there are opportunities to further integrate nutrition into other agriculture policies and strategies (3/3)

	Document	Date	Next revision	Responsible institution	Partners	Nutrition	Remarks
	Agriculture Development Strategy (ADS)	2013 (draft)	TBD	Ministry of Agricultural Development	ADB, IFAD, EU, FAO, SDC, JICA, USAID, DANIDA, WFP, World Bank, DfID, AusAID, & UN Women		 Food & nutrition security is a key element of the vision of the ADS & is included in all components & many activities, as well as a stand alone component The ADS is aligned with Nepal's Multi-sector Nutrition Plan (MSNP) & the Food & Nutrition Plan of Action (FNSP)
	NARC's Strategic Vision for Agriculture Research	2011-2030	TBD	Nepal Agricultural Research Council			 Reform and reinforcement of the agricultural research system is required to overcome food & nutrition insecurity New varieties/hybrid crops & improved breeds of animals & fish have the potential to provide more nutrients
The second secon	Agriculture Biodiversity Policy	2007	TBD	Ministry of Agricultural Development			 Only 1 direct reference to nutrition Agrobiodiversity is the backbone for the sustainable development of agriculture, food security, & poverty alleviation
Leverane, a	National Agriculture Policy	2004	TBD	Ministry of Agricultural Development		٠	 Only 2 direct references to nutrition Nutrition is recommended to be a component of extension services provided to farmer's groups in support of agricultural production & productivity
	Nepal Biodiversity Strategy	2002	TBD	Ministry of Forests and Soil Conservation	Global Environment Facility, UNDP		 Biological diversity in Nepal touches upon human health & nutrition Nepal has a wealth of non-timber forest products, this diversity can provide marginalised farmers with a valuable nutritional resource

Policies with quarter or half-filled Harvey balls and upcoming reviews to be prioritised for follow-up action (1/2)

Document	Date	Next revision	Responsible institution	Partners	Nutrition	Remarks
Health Sector Gender Equality & Social Inclusion Strategy	2009	TBD	Ministry of Health & Population	RTI International		The definition of gender discrimination states that there is a situational denial of women's right to adequate nutrition The strategy aims to increase awareness of health rights, including programmes on equal treatment of male & female children in regards to nutrition & health care.
National Health Research Policy of Nepal	2011	TBD	National Health Research Council	WHO		Promotion of multi-disciplinary research on cross-cutting issues, such as nutrition Generating evidence from research that can be used to strengthen efficiency & effectiveness of the health system & health services
National Nutrition Policy & Strategy	2004	TBD	Ministry of Health & Population			Nutrition support is recommended as a priority element of essential health care services Nutrition policy is based on the principle that it is a pre- condition for development & must be central to plans
National Health Policy	1991	2014	Ministry of Health & Population			No nutrition objectives and/or indicators included Health objectives do not acknowledge nutrition linkages Nutrition is listed as a Basic Primary Health Service that should be provided by the Sub-Health Posts
Urban Water Supply & Sanitation Policy	2009	TBD	Ministry of Physical Planning & Works			Nutrition is not directly referenced in the Policy Water, Sanitation & Hygiene objectives do not acknowledge nutrition linkages
Rural Water Supply & Sanitation National Policy	2004	TBD	Ministry of Physical Planning & Works			Nutrition is not directly referenced in the Policy Water, Sanitation & Hygiene objectives do not acknowledge nutrition linkages Health education & sanitation activities are included in the policy, which are nutrition related actions

The National Health Policy is further integrating nutrition as part of the current review

Maternal & child nutrition receives significant attention

) Maternal & child nutrition receives is not addressed at all

Draft—for discussion only



The findings indicate that there are opportunities to better integrate nutrition into nearly all agriculture policies and strategies in future revisions (2/2)



Policies with quarter or half-filled Harvey balls and upcoming reviews to be prioritised for follow-up action

Maternal & child nutrition receives significant attention

) Maternal & child nutrition receives is not addressed at all

Draft—for discussion only

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Implications for Health Sector Gender Equality & Social Inclusion Strategy



Stream 1

Partners to encourage Ministry of Health & Population (MoHP) to look from a nutrition lens:

- To consider acknowledging malnutrition to be a problem in the strategy
- Where appropriate, to include nutrition objective & nutrition indicator(s) in the strategy

Stream 2

 Partners to advocate that the MoHP consider adding additional nutrition interventions (e.g. maternal feeding, iron/folic acid supplementation) into strategy in next revision

Where appropriate, partners to support MoHP with integrating the remaining nutrition actions (9) into strategy in next revision

The Ministry of Health & Population is currently developing a new National Strategy to Reach Marginalised Populations

Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all



Implications for National Health Research Policy of Nepal



Stream 1

 Partners to encourage Ministry of Health & Population (MoHP) to consider acknowledging malnutrition to be a problem in the strategy

Stream 2

- Partners to advocate that the MoHP MoHP consider adding nutrition interventions (e.g. deworming, management of SAM) into strategy in next revision
- Where appropriate, partners to support MoHP with integrating the remaining nutrition interventions (9) into strategy in next revision



Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all



Implications for National Health Policy



Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all



Implications for Urban Water Supply and Sanitation Policy



Stream 1

- Partners to encourage Ministry of Physical Planning & Works (MoPPW) to look from a nutrition lens:
- To consider acknowledging malnutrition to be a problem in the policy
- Where appropriate, to include nutrition objective & nutrition indicator(s) in the policy
- Where appropriate, to acknowledge nutrition linkages with WASH objectives in the policy

Stream 2

- Partners to advocate that the MoPPW consider adding additional nutrition interventions (e.g. hand washing with soap) into policy in next revision
- Where appropriate, partners to support MoPPW with integrating the remaining nutrition actions (1) into policy in next revision

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Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all

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Implications for Rural Water Supply and Sanitation National Policy



Stream 1

Partners to encourage Ministry of Physical Planning & Works (MoPPW) to look from a nutrition lens:

- To consider acknowledging malnutrition to be a problem in the policy
- Where appropriate, to encourage MoPPW to include nutrition objective & nutrition indicator(s) in the policy
- Where appropriate, to encourage MoPPW to acknowledge nutrition linkages with WASH objectives in the policy

Stream 2

 Partners to advocate that the MoPPW consider adding additional nutrition interventions into policy in next revision



Maternal & child nutrition receives is not addressed at all



Implications for NARC's Strategic Vision for Agriculture Research



Stream 1

 Partners to encourage Nepal Agricultural Research Council (NARC) where appropriate, to include nutrition objective & nutrition indicator(s) in the strategy

Stream 2

- Partners to advocate that the NARC consider adding additional nutrition interventions (e.g. nutrition education, school based programs) into strategy in next revision
- Where appropriate, partners to support NARC with integrating the remaining nutrition actions (3) into strategy in next revision





Implications for Agriculture Biodiversity Policy



Stream 1

Partners to encourage Ministry of Agricultural Development (MoAD) to look from a nutrition lens:

- To consider acknowledging malnutrition to be a problem in the policy
- Where appropriate, to include nutrition objective & nutrition indicator(s) in the policy
- Where appropriate, to encourage MoAD to acknowledge nutrition linkages with agriculture objective in the policy

Stream 2

- Partners to advocate that the MoAD consider adding additional nutrition interventions (e.g. nutrition education, food processing) into policy in next revision
- Where appropriate, partners to support MoAD with integrating the remaining nutrition actions (2) into policy in next revision



) Maternal & child nutrition receives is not addressed at all



Implications for National Agriculture Policy



Stream 1

Partners to encourage Ministry of Agricultural Development (MoAD) to look from a nutrition lens:

- To consider acknowledging malnutrition to be a problem in the policy
- Where appropriate, to include nutrition objective & nutrition indicator(s) in the policy

Stream 2

- Partners to advocate that the MoAD consider adding additional nutrition interventions (e.g. food processing, school-based programmes) into policy in next revision
- Where appropriate, partners to support MoAD with integrating the remaining nutrition actions (4) into policy in next revision



Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all



Implications for Nepal Biodiversity Strategy



Stream 1

Partners to encourage Ministry of Forests and Soil Conservation (MoFSC) to look from a nutrition lens:

- To consider acknowledging malnutrition to be a problem in the strategy
- Where appropriate, to include nutrition objective & nutrition indicator(s) in the strategy

Stream 2

- Partners to advocate that the MoFSC consider adding additional nutrition interventions (e.g. nutrition education, food processing) into strategy in next revision
- Where appropriate, partners to support MoFSC with integrating the remaining nutrition actions
 (2) into strategy in next revision

Draft—for discussion only



Maternal & child nutrition receives significant attention

Maternal & child nutrition receives is not addressed at all

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Additional analysis for policy & strategy frameworks with a specific nutrition focus

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Taking stock of national policies and strategies with a specific nutrition focus

	Document	Date	Responsible	Partners
	National Strategy on Maternal Undernutrition	2013- 2017	Ministry of Health & Population	
Health	Infant and Young Child Feeding Strategy	2013 (draft)	Ministry of Health & Pop, Ministry of Ed, Ministry of Urban Dev, Ministry of Ag,	
	National Nutrition Policy and Strategy	2004	Ministry of Health & Population	

Total rating of 4 streams estimates the extent to which-policies/strategies with a specific nutrition focus are 'nutrition-smart'



TR = Total Rating



Policies and strategies with a specific nutrition focus are all 'nutrition smart'



The average score of the 3 documents for all 4 streams was almost 90%

Maternal & child nutrition receives significant attention

) Maternal & child nutrition receives is not addressed at all

Draft—for discussion only

High-level analysis of National Nutrition Policy & Strategy

The National Nutrition Policy & Strategy states five indispensable conditions

Condition 1	The measures in this document have to be implemented and sustained to reduce the burden of nutritional problems such as protein-energy malnutrition, iron deficiency anemia, iodine deficiency disorder, vitamin A deficiency, low birth weight, diet-related diseases (life-style related diseases) and other nutritional disorders
Condition 2	The measures for improved dietary habits, household food security and 'school health and nutrition' should be implemented as long-term strategies to modify nutritional status of the people and to reduce the prevalence of the nutritional disorders
Condition 3	The control of infectious diseases including intestinal worm infestation has to be strengthened to help reduce the risk of malnutrition as well.
Condition 4	It is urgently necessary to address or promote the measures regarding nutrition in exceptionally difficult circumstances e.g. breastfeeding of HIV positive mothers and food shortages in crisis situation.
Condition 5	In order to promote the above-mentioned measures efficiently and effectively, the monitoring, assessment and supervision of program implementation must be conducted regularly.

Source: Nutrition Section, Child Health Division, Department of Health Services and Ministry of Health & Population (2004) National Nutrition Policy and Strategy. Kathmandu.



A more simplified view of the National Nutrition Policy & Strategy shows five 'indispensable conditions' and various guiding strategies



Nutrition Interventions are distributed across 4 conditions of the National Nutrition Policy & Strategy though most are concentrated in the 2nd condition on Food-based approaches & school-based interventions




The National Nutrition Policy & Strategy includes most of the Nutrition Interventions stipulated by the Multi-sector Nutrition Plan though further efforts are needed to integrate remaining interventions



Source: Nutrition Section, Child Health Division, Department of Health Services and Ministry of Health & Population (2004) National Nutrition Policy and Strategy. Kathmandu. REACH

While the National Nutrition Policy & Strategy calls for a multi-sectoral approach, there are some opportunities to improve the sectoral balance, particularly WASH and Social Protection



REACH Policy Overview

Back-up slides



The Nutrition Interventions used in this Policy Overview were extracted from the National Multi-Sector Nutrition plan

- Nutrition Interventions were selected from the Multi-Sector Nutrition Plan (MSNP)
 - ≻34 Activities
 - 118 Sub-activities
- Nutrition Interventions were selected from Outputs 3-6*
 - Output 3: Maternal & child nutritional care service utilization improved, especially among the unreached & poor segment of the society.
 - > Output 4: Adolescent girls' parental education, life-skills & nutrition status enhanced.
 - Output 5: Diarrheal diseases & ARI episodes reduced among young mothers, adolescent girls, infants & young children.
 - Output 6: Availability & consumption of appropriate foods (in terms of quality, quantity, frequency & safety) enhanced & women's workload reduced.
- All activities from Outputs 3-6 were included as Nutrition Interventions, exception of:
 - >3.4 Update health sector nutrition related acts, regulations, strategies, & standards
 - > 3.5 Support institutional strengthening of the health sector.



A list of the Nutrition Interventions and their definitions (1/2)

Action Category	Interventions	Definitions		
Maternal, infant &	Maternal nutrition Breastfeeding	 Improve dietary habits of pregnant women Provide support to initiate breastfeeding within 1 hr. of birth & exclusively breastfeed for 6months 		
young child feeding	Complementary feeding	 Provide support for complementary feeding for young children aged 6-23 months Prepare recipes that are nutrient dense for appropriate age groups, in line with national food based dietary guidelines 		
Micronutrient supplementation Vit. A supplementation		 Increase iron/folic supplementation compliance among women during pregnancy & post-partum Provide iron folic acid supplementation to adolescent girls through school teachers & child clubs Provide support to increase intake of Micronutrient Powders by children aged 6-23 months All children 6-59 months take Vit A capsules & children aged 1-5 years take Vit A capsules with 		
Disease prevention & mgt. Deworming MIYC illness mgt.		 Albendazole twice a year Increase intake of de-worming tablets by women during pregnancy & post-partum Support deworming to adolescent girls through school teachers & child clubs Implement programmes to reduce and manage MIYC¹ infections, especially diarrhea 		
Management of SAM		 Identify malnutrition cases through the monitoring of the nutritional status of children aged 0-36 months Identify all SAM in children under 5 yrs old through community screening & mobilisation Effectively manage severe acute malnutrition in children as per the Global SPHERE Standards 		
Nutrition education		 Sensitize child clubs to strengthen, integrate nutrition in & out of school Integrate nutrition into curricula (revise textbooks, guidebooks, & materials to include nutrition) Develop course materials & organise training of trainers & training for teachers on nutrition & life skills Prepare IEC²/educational materials on nutrition during pregnancy & Infant & Young Child Feeding Carry out integrated parental education & nutrition orientation 		
	Hand-washing w/ soap	 Provide training on hand washing Carry out promotional campaigns on proper hand washing practices Supervise hand washing with soap practices at VDC³ level 		
Water, sanitation & hygiene	Sanitation promotion	 Carry out Open Defecation Free (ODF) campaigns (e.g. interaction, workshop, capacity building, action plan development, learning exchange, toilet, drinking water, etc.) Conduct advocacy programmes/Mobilise media Supervise Open Defecation Free (ODF) campaigns 		
	Water safety	 Establish Water Supply & Sanitation schemes in the VDCs Provide training & carry out promotional campaigns on water safety and Point of Use (POU) treatment Supervise water safety programmes 		

¹ MIYC = Maternal, Infant & Young Child ² IEC = Information, Education and Communication ³ VDC = Village Development Committee REACH Policy Overview Draft—for discussion only

A list of the Nutrition Interventions and their definitions (2/2)

Action Category	Interventions	Definitions
Food	Food production	 Form farmer groups for the targeted population Provide access to land through leasing opportunities to targeted families Provide technical agriculture production support, to grow MN⁴ rich & including animal source foods Develop linkages with input suppliers Develop a 'village model farm (VMF)' Install micro-irrigation & waste water use facilities
agriculture	Food processing	 Produce IEC⁵ materials on post-harvest or processing to reduce nutrient loss, particularly of MN rich food Increase consumption of fortified cereal flour Increase availability of iodised salt for household consumption
	Horticulture/crops	 Identify locally available food crops for contributing to enhanced dietary diversification Promote production, processing & consumption of MN rich foods through the media (e.g. radio) Carry out social marketing of MN-rich local foods Promote kitchen gardens at homesteads for increased production of MN rich & diversified foods
	School feeding	 Prepare mid-day meal menu as per the local needs, & leaflet (both for school & home) Conduct orientation for mobilisation of mother groups, SMC⁶ & PTA⁷ on mid-day meals
	School-based programmes	Promote kitchen gardens at schools for increased production of MN rich & diversified foods
Social protection	Poverty reduction / income generation	 Introduce cooperatives for increasing income especially among the lowest quintiles Provide subsidy for improved cooking stove among targeted population groups & families Review child grant policy & provide child grants during pregnancy & children <2 years old Revise Child Grant Directive
	Women's empowerment	 Establish linkage with & advocate for bio-gas construction for clean and cheap energy & to reduce women's workload Develop & disseminate radio or folk media programme on gendered division of work, critical importance of reducing women's workload for health and development, & the role of bio-gas

⁴ MN = Micronutrient ⁵ IEC = Information, Education and Communication ⁶SMC = School Management Committee ⁷PTA = Parent Teacher Association

Template: Rating slide for each policy/strategy analysed



Total rating XX%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

Rating slide for Nepal MDG Progress Report



Total rating 80%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

Rating slide for Poverty Reduction Strategy Paper (PRSP)



Total rating 70%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

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Rating slide for National Strategy on Maternal Undernutrition



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

Rating slide for Infant and Young Child Feeding Strategy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

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Rating slide for National HIV/AIDS Strategy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

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Rating slide for Health Sector Gender Equality & Social Inclusion Strategy



Total rating 10%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

49

Rating slide for National Health Research Policy of Nepal



Total rating 25%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

50

Rating slide for National Nutrition Policy and Strategy



Total rating 100%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source



Rating slide for National Health Policy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source



Rating slide for Agriculture Development Strategy (ADS)



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

Rating slide for NARC's Strategic Vision for Agriculture Research



Total rating 45%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source



Rating slide for Agriculture Biodiversity Policy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

55

Rating slide for National Agriculture Policy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

56

Rating slide for Nepal Biodiversity Strategy



Total rating 20%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source



Rating slide for Urban Water Supply and Sanitation Policy



Total rating 25%

¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source

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Rating slide for Rural Water Supply and Sanitation National Policy



¹These nutrition actions may be derived from the Country Priority Interventions (CPIs), National Nutrition Action Plan or another agreed source



Template: Rating slide for each nutrition specific policy/strategy analysed (4 Streams)



TR = Total Rating

Rating slide for National Strategy on Maternal Undernutrition (4 Streams)



Rating slide for Infant and Young Child Feeding Strategy (4 Streams)

Nutrition	is a key aspect of the policy/strategy		Coding	Actual rating	Subtotal Harvey ball
Stream	 Malnutrition acknowledged to be a problem by the policy/strategy Nutrition captured as an objective &/or 		Yes (12.5%) / No (0%)	Yes (12.5%)	25%
	nutrition indicator(s) included in the policy/strategy		Yes (12.5%) / No (0%)	Yes (12.5%)	2078
Individual	actions/intervention strategies are included		. ,	, ,	
Stream 2	 # of nutrition actions¹ included in the policy/ strategy out of total nutrition actions # of nutrition actions¹ related to that 		0%: 0% >0-19.9%: 2.5% >20-39.9%: 5% 40%-59.9%: 7.5%	11/20 nutrition actions (7.5%)	17.5%
	policy/strategy domain included in the policy/strategy		+0%-39.9%: 7.5% >60%-79.9%: 10% ≥ 80%: 12.5%	6/9 relevant actions (10%)	
A multi-se	ector approach is mentioned with clear roles & respor	nsibilities			
Stream	 The policy/strategy clearly describes the need for a multisectoral approach to nutrition or outlines the coordination mechanism 		Yes (12.5%) / No (0%)	Yes (12.5%)	25%
3	The policy/strategy delineates the roles and responsibilities of the respective stakeholders		Yes (12.5%) / No (0%)	Yes (12.5%)	
Governme	ent commitment is demonstrated				+
Stream	 The policy/strategy expresses strong government commitment for nutrition as a top priority for development 		Yes (12.5%) / No (0%)	Yes (12.5%)	25%
4	 priority for development The policy/strategy describes funding for nutrition and the multisectoral approach 		Yes (12.5%) / No (0%)	Yes (12.5%)	
		r		Total r	ating 92.5%

TR = Total Rating

Rating slide for National Nutrition Policy and Strategy (4 Streams)

Nutrition	is a key aspect of the policy/strategy		Coding	Actual rating	Subtotal Harvey ball
Stream	 Malnutrition acknowledged to be a problem by the policy/strategy Nutrition captured as an objective &/or 		Yes (12.5%) / No (0%)	Yes (12.5%)	25%
	nutrition indicator(s) included in the policy/strategy		Yes (12.5%) / No (0%)	Yes (12.5%)	
Individual	l actions/intervention strategies are included		, , ,	, , , , , , , , , , , , , , , , , , ,	
Stream 2	 # of nutrition actions¹ included in the policy/ strategy out of total nutrition actions # of nutrition actions¹ related to that policy/strategy domain included in the policy/strategy 		0%: 0% >0-19.9%: 2.5% >20-39.9%: 5% 40%-59.9%: 7.5% >60%-79.9%: 10% ≥ 80%: 12.5%	17/20 nutrition actions (12.5%) 17/20 relevant actions (12.5%)	25%
A multi-se	ector approach is mentioned with clear roles & respo	nsibilities		(12.378)	•
Stream	 The policy/strategy clearly describes the need for a multisectoral approach to nutrition or outlines the coordination mechanism 		Yes (12.5%) / No (0%)	Yes (12.5%)	25%
3	 The policy/strategy delineates the roles and responsibilities of the respective stakeholders 		Yes (12.5%) / No (0%)	Yes (12.5%)	2370
Governme	ent commitment is demonstrated				+
Stream	The policy/strategy expresses strong government commitment for nutrition as a top		Yes (12.5%) / No (0%)	Yes (12.5%)	12.5%
4	 priority for development The policy/strategy describes funding for nutrition and the multisectoral approach 		Yes (12.5%) / No (0%)	No (0%)	
		r		Total	rating 87.5%

TR = Total Rating

Stream 1: Nutrition reflected in policy and strategy frameworks (1/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
Nepal MDG Progress Report (MDG)	2013	 Nutrition Target 1C: Halve the proportion of hungry people Indicators include: underweight, level of dietary energy consumption, stunting Health Target 4: Reduce under 5 mortality Water & Sanitation Target 7C: Halve the proportion of people without sustainable access to safe drinking water & basic sanitation Indicators include: Proportion of population using an improved drinking-water source, improved sanitation facility 	 The nutritional status of children has improved, but a focused effort is required to meet the 2015 target for stunting (30%) Variations in 'malnutrition rates' were noted for different locations, places of residence, & mother's education level Nutritional status declines after 9-11 months, when 91% of children receive complementary foods Though a multi-sectoral approach to malnutrition has been initiated, the implementation is slower than expected Bi-annual vit A supplementation may be the most successful health intervention ever to be implemented in Nepal
PRSP	2002-2007	 Nutrition Outcome: Reduction in malnutrition Agriculture Increase agricultural production, productivity & income for food security Health Increase essential health care services, emphasizing rural/remote/poor Water & Sanitation Increased/improved access to sustainable basic drinking water Improve & expand basic sanitation Other (e.g. Education & Social Protection) 	Experience demonstrates that improvements in health & nutritional status contribute to higher economic & per-capita income growth For the agriculture sector, outcomes include the reduction of food insecurity & malnutrition in rural areas For the health sector, activities include expanding nutritional program

Stream 1: Nutrition reflected in policy and strategy frameworks (2/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
National Strategy on Maternal Under- nutrition (NSMU)	2013-2017	 Nutrition Overall objective: reduce undernutrition & micronutrient deficiencies in adolescent girls & pregnant & lactating women Specific objectives & targets include: reductions in low BMI, anaemia, night blindness, & increased consumption of iodised salt Urban Development Access to safe drinking water & sanitation facilities Federal Affairs & Local Development Strengthen linkages with social protection programmes & child cash grants 	 There is a potential double-burden of malnutrition, as overnutrition (overweight & obesity) in women has increased Low BMIs among adolescent girls (25.8%) are worse compared to women of reproductive age (18.2%) The majority of women in Nepal have anaemia & other micronutrient deficiencies Factors associated with adolescent & maternal undernutrition are detailed on p. 7 Gaps in existing interventions include: lack of human resources & limited emphasis on food-based approaches
Infant & Young Child Feeding (IYCF) Strategy	2013 (draft)	 Nutrition Overall objective: improve uptake of optimal breastfeeding & complementary feeding practices Indicators include: stunting, underweight, wasting, & anaemia Health Assure ICYF is firmly established in the health sector Agriculture Promotion of nutrient-dense, diverse, culturally acceptable, & locally available complementary foods 	Community based IYCF programmes seek linkages with other sectors & scale up in accordance with Multi-sector Nutrition Plan Harmonization on messages for IYCF & WASH is included as an output Coordinated efforts for IYCF & early childhood development aim to strengthen linkages with Ministry of Education Child Cash Grants integrated with behaviour change of IYCF is recommended for review

Stream 1: Nutrition reflected in policy and strategy frameworks (3/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
National HIV/AIDS Strategy (NHAS)	2011-2016	 Nutrition Indicators include: people living with HIV benefiting from nutritional support Social Protection Indicators include: children affected by AIDS receiving minimum package of care & support services 	Key actions on preventing HIV related illness include: conduct nutritional assessment & provide nutritional support to children, pregnant & lactating women & adults living with HIV Key Actions on preventing Mother to Child Transmission include establishing linkages with interventions targeting most at risk populations to provide nutrition services A proposed role for the Central Child Welfare Board is to develop nutritional guidelines for children infected & affected by HIV/AIDS
Health Sector Gender Equality & Social Inclusion Strategy (HGESIS)	2009	 No nutrition objectives and/or indicators included Health Ensure equitable access and use of health services by the poor, vulnerable, & marginalised castes & ethnic groups Social Protection Improve health-seeking behaviour of the poor, vulnerable, & marginalised castes & ethnic groups using a rights-based approach 	The provided definition of gender discrimination states that there is a 'situational denial' of women's right to adequate nutrition The strategy aims to increase the use of Mother & Child Health services, including nutrition, for the poor, vulnerable, & marginalized castes & ethnic groups The strategy aims to increase disadvantaged groups awareness of their health rights, including programmes on equal treatment of male & female children n regards to nutrition & health care

Stream 1: Nutrition reflected in policy and strategy frameworks (4/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
National Health Research Policy of Nepal (NHRP)	2011	 Nutrition To promote multi-disciplinary research on cross-cutting issues, such as nutrition Health Promote & enhance capacity for health research Conduct health research for generating evidence for health policy & planning 	 The policy includes a scan of health policies & strategies reflecting health research, including the National Nutrition Policy & Strategy (2004) Policy aims include aligning health research to National Health Policy Generating evidence from research that can be used to strengthen efficiency & effectiveness of the health system & health services is another policy aim Policy aims include multi-disciplinary collaboration with education, environment, agriculture, forestry, & others
National Nutrition Policy & Strategy (NNP&S)	2004	 Nutrition Objectives include: reductions in protein- energy malnutrition, anaemia, iodine deficiency, vitamin A deficiency, intestinal worms, low birth weight Indicators include: reductions in underweight, stunting, wasting, and improvements in breastfeeding and complementary feeding Health Objectives include: control infectious diseases and reduce child mortality Agriculture Objectives include: improve food security and promote good dietary habits to improve nutritional status Other (e.g. Education & Social Protection) 	 The main types of malnutrition in Nepal are: protein-energy malnutrition, iodine deficiency disorders, iron deficiency anaemia, & vitamin A deficiency The causes & consequences of 9 main types of malnutrition are outlined on p. 10 Nutrition support is recommended as a priority element of essential health care services (e.g. nutritional supplementation, nutrition education, & rehabilitation). <i>Nutrition policy is based on the principle that it is a precondition for development & must be central to social-economic development plans</i>

Stream 1: Nutrition reflected in policy and strategy frameworks (5/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
National Health Policy (NHP)	1991	 No nutrition objectives and/or indicators included Health (*nutrition linkage not acknowledged) Targets aim to reduce infant, child, & maternal mortality rates A reduction of the Total Fertility Rate is emphasized 	 Nutrition is categorized as a "Promotive Health Service" (which enables persons & communities to live healthy lives) Nutrition is listed as a Basic Primary Health Service that should be provided by the Sub-Health Posts Preventive health services recommended include: Family Planning & Maternal & Child Health Programme; Safe Motherhood Programme; Diarrhoea Control Programme Education on hygiene & sanitation & construction of latrines are included as a "Promotive Health Service" to support a healthy environment
Urban Water Supply & Sanitation Policy (UWSSP)	2009	 No nutrition objectives and/or indicators included Water, Sanitation & Hygiene (*nutrition linkage not acknowledged) Availability of water and sanitation services to all urban populations 100% coverage by hygienic latrines 	Nutrition is not directly referenced in the Policy



Stream 1: Nutrition reflected in policy and strategy frameworks (6/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
Rural Water Supply & Sanitation National Policy (RWSSP)	2004	 No nutrition objectives and/or indicators included Water, Sanitation & Hygiene (*nutrition linkage not acknowledged) Access to safe water and sanitation services Reduce water borne diseases and its victims 	Nutrition is not directly referenced in the Policy Health education & sanitation activities are included in the policy, which are nutrition related actions
Agriculture Develpmt Strategy (ADS)	2013 (draft)	 Nutrition Indicators include: stunting, underweight, wasting, & women with low BMI Agriculture Indicators include: reduction in food poverty 	 Food & nutrition security is a key element of the vision of the ADS & is included in all components & many activities, as well as a stand alone component on p. 167. The ADS is aligned with Nepal's Multi-sector Nutrition Plan (MSNP) & the Food and Nutrition Plan of Action (FNSP) Even in food surplus areas (particularly in the Terai) malnutrition is an issue, indicating a problem with food utilisation The flagship Food & Nutrition Security Program (FANUSEP) targets vulnerable populations (e.g. poor & geographically disadvantaged) Draft—for discussion only

Stream 1: Nutrition reflected in policy and strategy frameworks (7/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
NARC's Strategic Vision for Agriculture Research (NARC)	2011-2030	 No nutrition objectives and/or indicators included 	 Reform & reinforcement of the agricultural research system is required to overcome food & nutrition insecurity NARC's strategy for the thematic area of Livestock & Fisheries includes improving nutrition for rural communities New varieties/hybrid crops & improved breeds of animals & fish have the potential to provide more nutrients Improvement of crops (e.g. Bio-fortification such as Vit A rich Golden Rice) & assessing the diversity of indigenous crops are noted as contributions of bio-technology research that have the potential to address problems not solved by conventional agricultural research
Agriculture Bio- diversity Policy (ABP)	2007	 No nutrition objectives and/or indicators included Agriculture (*nutrition linkage not acknowledged) Enhance agricultural growth & ensure food security by conserving, promoting, & sustainably using agro-biodiversity 	The situation analysis will explore, evaluate & monitor the status of genetic resources (local crops & animals), including analyzing nutrient status Agrobiodiversity is the backbone for the sustainable development of agriculture, food security, & poverty alleviation (*nutrition is not explicitly mentioned)

Stream 1: Nutrition reflected in policy and strategy frameworks (8/8)

Document	Date	Nutrition objectives &/or nutrition indicators included in document	Remarks (e.g. references to nutrition)
National Agriculture Policy (NAP)	2004	 No nutrition objectives and/or indicators included 	Nutrition is recommended to be a component of extension services provided to farmer's groups in support of agricultural production & productivity Food & nutrition technology is included as a required agricultural research & development activity
Nepal Bio- diversity Strategy (NBS)	2002	 No nutrition objectives and/or indicators included 	Biological diversity in Nepal touches upon human health & nutrition Nepal has a wealth of non-timber forest products, this diversity can provide marginalised farmers with a valuable nutritional resource

Stream 2: Inclusion of individual nutrition interventions in policies and strategies (1/4)

	All S	ectors	1			Health		
Interventions	MDG 2013	PRSP 2002	NSMU 2013	IYCFS 2013	NHAS 2011	HGESIS 2009	NHRP 2011	NNP&S 2004
Maternal nutrition								\checkmark
Breastfeeding			 	\checkmark	\checkmark			\checkmark
Complementary feeding				\checkmark				\checkmark
Iron/folic acid suppln.			\checkmark					\checkmark
Multiple micronutrient supplementation			 	\checkmark				
Vit. A supplementation	\checkmark							\checkmark
Deworming			\checkmark					\checkmark
MIYC illness mgt.	\checkmark	\checkmark		\checkmark	\checkmark			\checkmark
Management of SAM				\checkmark				\checkmark
Nutrition education				\checkmark	\checkmark	\checkmark		\checkmark
Hand-washing w/ soap	\checkmark			\checkmark				\checkmark
Sanitation promotion	\checkmark	\checkmark	\checkmark	\checkmark				
Water safety	\checkmark	\checkmark	\checkmark					\checkmark
REACH Policy Overview			1			Draft—for discu	ission only	REACH 72

Stream 2: Inclusion of individual nutrition interventions in policies and strategies (2/4)

	Health		&Sanitation	1		od & Agricult		
Interventions	HNP 1991	UWSSP 2009	RWSSP 2004	ADS 2013	NARC 2011	ABP 2007	NAP 2004	NBS 2002
Maternal nutrition		• 						
Breastfeeding	\checkmark	 						
Complementary feeding		1						
Iron/folic acid suppln.		• 		1				
Multiple micronutrient supplementation		 						
Vit. A supplementation	\checkmark							
Deworming		, 1 1						
MIYC illness mgt.	\checkmark		\checkmark					
Management of SAM	\checkmark	1 						
Nutrition education	\checkmark	- 						
Hand-washing w/ soap		 	\checkmark	1				
Sanitation promotion	\checkmark	 Image: A start of the start of	\checkmark					
Water safety		\checkmark	\checkmark					
REACH Policy Overview		1		1	Draft-	-for discussion of	only REAC	CH 73



Stream 2: Inclusion of individual nutrition interventions in policies and strategies (3/4)



Stream 2: Inclusion of individual nutrition interventions in policies and strategies (4/4)

	Health		Sanitation	Food & Agriculture				
Interventions	HNP 1991	UWSSP 2009	RWSSP 2004	ADS 2013	NARC 2011	ABP 2007	NAP 2004	NBS 2002
Food production				\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Food processing				\checkmark	\checkmark			
Horticulture/crops				\checkmark	\checkmark	\checkmark		\checkmark
School feeding				\checkmark				
School based programs								
Poverty reduction/ income generation							\checkmark	
Women's empowerment				 Image: A start of the start of				
				1				
REACH Policy Overview		1		I I	Draft	—for discussion o	nly REAC	H 75

Stream 3 & 4: Inclusion of a multi-sector approach and government commitment in policies and strategies

	Criteria	National Strategy on Maternal Undernutrition 2013	Health Infant and Young Child Feeding Strategy 2013	National Nutrition Policy and Strategy 2004
ا Stream 3	Describes the need for a multi-sectoral approach or outlines the multi-sector coordination mechanism			
N	Delineates the roles and responsibilities of stakeholders			
m 4	Expresses strong government commitment for nutrition as a priority for development			
Stream	Describes funding for nutrition and the multi- sectoral approach			