My farm: One Acre Unlimited

Raising cattle

Raising pigs

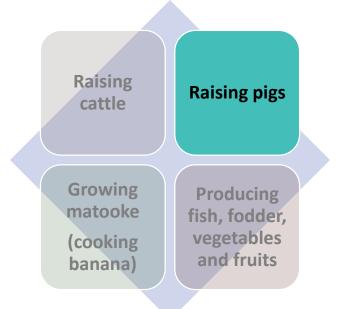
Growing matooke (cooking banana)

Producing fish, fodder, vegetables and fruits

1st Quarter: pigs

- Dung
- Urea/manure
- Maggots (feed for fish and chickens)
- Earthworms and pesticide from vermiliquid
- Biogas

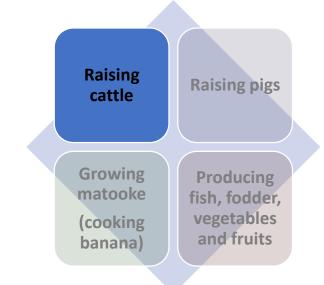
- And all of this before:
-pork







2nd Quarter: raising cattle

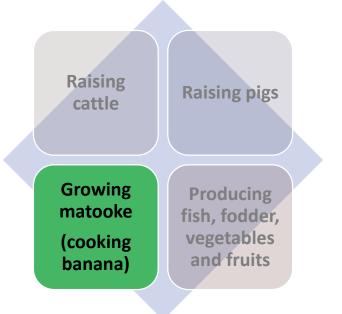


- 5-10 zero grazed cows on 0.1 acre
- By using manure to enrich the soil 1 m² can feed a cow by planting maize for silage
- This is profitable! Each cow gives 20 litres/day, which can be sold for \$12,534 (5 cows) or \$25,068 (10 cows) a year.
- Dung is used for biogas
- Slurry from biogas is used as fertilizer





3rd Quarter: matooke



Using slurry from cows and urine from cows and pigs as fertilizer

• 30 bunches a month, each sold for a minimum \$10

• **\$3,600** a year



4th Quarter: fish, fodder, vegetables and fruits

Raising cattle

Raising pigs

Growing matooke (cooking banana)

Producing fish, fodder, vegetables and fruits

- An 8m X 15m area can have
 10 tanks each with 1000 fish
- 10,000 kg of fish harvested in six months: 10,000 X \$3.3 = \$3,287.

• The same space can yield 4,800kg tomatoes with a value of \$2,630 over six months





Key messages

• Small scale integrated farming is feasible, productive and profitable.

• It has made a difference to my family's livelihood by supporting mine and my children's education, providing stable income.

 Research solutions need to be shared more widely and training provided. I have been able to set up a school to provide a foundation for local children.



THANK YOU

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